Pick six
Highlights of the festivals this week

THE NZ International Arts Festival opens on Friday bringing a host of top class international drama, comedy, dance, and music to the city. Meanwhile Fringe madness continues to bring the sublime and ridiculous to our theatres and streets.

Like the dog that found two bones, we are overloaded with choice. Don’t starve to death walking in circles of indecision, like that ill-fated hound. Investigate one of these events and feed your soul with art.

From the International Festival

Body Movies
WELLINGTONIANS will see themselves projected 20-feet tall on the side of Te Papa as part of the NZ International Arts Festival – but only if they get in the way of the projection. Body Movies is an innovative installation by Mexican multimedia guru Rafael Lozano-Hemmer.

It blends shadow puppetry with movie projection and interactive imagery to present life lived large. Images will be projected onto the outside of the national museum. These pictures will be invisible behind a screen of white light. To reveal them, you must step in front of the spotlights – and your shadow becomes the frame for the portrait thus revealed.

Te Papa, 9pm-1am, from February 22.

Ornette Coleman
Jazz fans have been waiting for years to hear a man who pioneered the free jazz movement of the 1950s. Saxophonist Ornette Coleman is not just a musician, he is a living legend.

His early musical training was in R&B bands in Texas. He soon graduated to playing bop in Los Angeles, where he developed his ideas of giving players space to make their own way within a composition. Free jazz was born. 50 years on from making his first record, Coleman can look back on a career that has seen him become one of the biggest names in jazz.

Michael Fowler Centre, 8pm, Feb 22.

La Vie
CIRCUS gets sexy with this seductive show from Montreal-based troupe Les 7 Doigts de la Main. La Vie is acrobatics like you have never seen them – adults only in the Pacific Blue Festival Club.

Part burlesque, part dance, and part circus, the show is performed on a circular stage and features juggling, contortionism, and aerial trickery. Set to be one of the more provocative acts of the International Festival.

Pacific Blue Festival Club, 10.15pm, Feb 23, 24, 26.